ADHD Coach Seth's Coaching Agreement

Client name:
Fee agreement:
First session date & time:

- I understand that my coach is not a licensed mental health professional and coaching is not intended as a replacement for counseling, psychiatric interventions, treatment for mental illness, recovery from past abuse, professional medical advice, financial assistance, legal counsel, or other professional services.

- If I am currently seeking mental health services by a licensed psychologist, social worker, therapist, or counselor, I will inform my coach of the nature of the relationship, as well as sign a consent form, should it be necessary to share my info with them.

- If I am currently in therapy or otherwise under the care of a mental health professional, I will consult with him/her regarding the advisability of working with a coach to ensure this individual is aware of my decision to proceed with the coaching relationship.

- If necessary, I will seek professional advice for legal, medical, financial, business, spiritual, or other matters. I also understand that all decisions in these areas are exclusively mine, and I acknowledge that my decisions and my actions regarding them are my responsibility.

- Coaching will be an ongoing relationship that might take a number of months, although either party can terminate at any time. The sessions will be facilitated via an online video platform like Zoom, or in my home office in Lake Oswego, Oregon.

- Coaching is a confidential relationship, and the coach agrees to keep all information strictly confidential, except in those situations in which I provide my written consent, or if such would violate the law (e.g., jeopardize the safety of the client or others). In these cases, your communications may be disclosed to the law enforcement or similar investigatory agencies.

- If needed, I can reschedule my session by contacting my coach via email at least 24 hours prior to my scheduled sessions. If I do not provide such notice, I agree to pay for the missed session.

- I agree to indemnify, defend, and hold my coach harmless from and against any and all liability and expenses in connection with claims for damages of any nature arising from coaching.

I have read and agreed to the above terms of this engagement.

_____ _____ _____

Client Name Printed | Client Signature | Date